## FRESNO COUNTY MENTAL HEALTH PLAN

# **OUTCOMES REPORT- Attachment A**

**PROGRAM INFORMATION:** 

Program Title: PATH SMHS Provider: Kings View

Program Description: PATH – Speciality Mental Health Services MHP Work Plan: 1–Behavioral Health Integrated Access

(SMHS) delivers services to adult consumers

2-Wellness, recovery, and resiliency support

with serious mental illness (SMI) and/or co
Choose an item.

occurring substance use disorders who are homeless or at imminent risk of becoming homeless. The program serves as a front door for clients into continuum of care services and mainstream mental health, primary health care, permanent supportive housing, social services, and the substance use disorder

services system.

Age Group Served 1: ADULT Dates Of Operation: July 1, 2015 to Current

Age Group Served 2: Choose an item. Reporting Period: July 1, 2022 - June 30, 2023

Funding Source 1: Com Services & Supports (MHSA) Funding Source 3: Other, please specify below

Funding Source 2: Medical FFP Other Funding: Grant, MHSA, Client Reimbursement

FISCAL INFORMATION:

Program Budget Amount: \$228,289.00 Program Actual Amount: \$187,345.81

Number of Unique Clients Served During Time Period: 60
Number of Services Rendered During Time Period: 753

Actual Cost Per Client: \$3,122.43

**CONTRACT INFORMATION:** 

Program Type: Contract-Operated Type of Program: Other, please specify below

Contract Term: 3 Years +2 Years additional For Other: Specialty Mental Health Treatment and Supportive

Housing.

Renewal Date: July 1, 2023

Level of Care Information Age 18 & Over: Enhanced Outpatient Treatment (caseload 1:40)

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Level of Care Information Age 0-17: Choose an item.

#### TARGET POPULATION INFORMATION:

Target Population: Adults 18 years and older with a Seriously Mentally Illness or Co-Occurring Disorder who are at imminent risk of homelessness

or currently homeless.

#### **CORE CONCEPTS:**

- Community collaboration: individuals, families, agencies, and businesses work together to accomplish a shared vision.
- Cultural competence: adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services: adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- Access to underserved communities: Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- •Integrated service experiences: services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

## Please select core concepts embedded in services/ program:

(May select more than one)

Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services

Community collaboration

**Cultural Competency** 

Access to underserved communities

## Please describe how the selected concept (s) embedded:

Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services
In PATH SMHS, treatment and client care plans are customer driven and goals
are developed involving collaboration from the person served as desired goals
for treatment. Staff incorporate a strength-based approach which allows the
persons served to build upon their current positive behaviors, strengths and
qualities as part of their recovery. In addition, our focus is to broaden the
client's social support networks, which can include their family members or
peer support as an active part in their mental health treatment. Clients that
want to include their family or friends as part of wellness and recovery can
participate in treatment sessions involving education centered around mental

# **OUTCOMES REPORT- Attachment A**

illness and strategic ways the family/friends can act as a support with follow through of the client's mental health needs.

## **Cultural Competency**

Cultural Competency and Diversity are integral parts of the PATH Program as we ensure non-discriminatory and respectful services to people we serve. Kings View Cultural Competency and Diversity practices include: Events related to culturally diverse populations, providing language line and interpretation services, educating and training staff on various cultural diverse topics, and seek staff members who represent a variety of cultural backgrounds and can communicate in cross-cultural situations.

#### **Access to Underserved Communities**

PATH SMHS services those in underserved populations including individuals with an SMI and/or co-occurring disorder who are are at imminent risk of or are experiencing homelessness. The clients enrolled in our program often have barriers in accessing mental health services, medical services, financial services and housing within the community. PATH SMHS staff assist clients with linkage to increasing income (applying for Supplemental Security Income (SSI), General Relief, assistance food stamps and obtaining employment), supporting clients with enrolling in medical coverage (Medi-Cal and other insurance benefits), and housing assistance to connect them to permanent housing programs. On occasion, staff will provide referrals as needed to other resources that offer services not provided by the program to help support, advocate in order to promote independent living for the clients served.

### **Community Collaboration**

PATH SMHS frequently collaborates with both internal Kings View programs and outside agencies when making referrals to the program. In situations where clients are receiving services from our program and other service providers, the staff maintain frequent coordination of care and consultation to ensure clients are achieving excellent delivery of services. In situations when persons served are in need of a higher level of care, staff will provide linkage to an agency that can deliver appropriate services to address the

# **OUTCOMES REPORT- Attachment A**

individual's current mental health needs (e.g., Full Service Partnerships, Crisis Residential Programs, Residential Substance Abuse Treatment Programs).

### **Integrated Service Experiences**

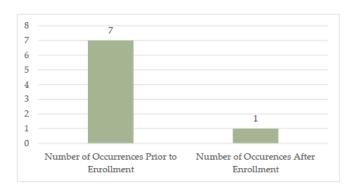
PATH SMHS staff offer weekly consultation and collaboration with internal service providers of the program and external service providers that are part of the individual's treatment team. Staff assist the target population with their individualized treatment goals and objectives in order to get to a state of self-sufficiency and independence. The staff support individuals of the program in managing their mental health, accessing housing needs, attending medical appointments, managing finances and enrollment of health care insurance. In addition, when linking to outside agencies, linkage to other programs is done so with a warm hand-off approach in a timely manner.

#### **PROGRAM OUTCOME & GOALS**

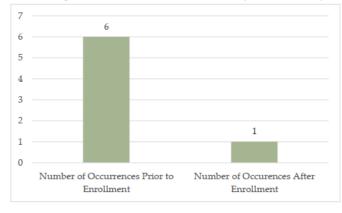
- Must include each of these areas/domains: (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder
- Include the following components for documenting each goal: (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy
  The Fiscal Year 21-22 Quality Workplan Summary was developed to track and report progress towards goals met and to assess performance for the identified indicators.

1. (Effectiveness) 50% reduction in number of incarceration occurrences for persons enrolled in the PATH (SMHS) Program

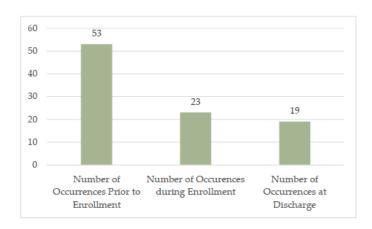
- a. There was an 85.57% reduction (7:1) in the number of incarceration occurrences for persons served.
- b. Percentage Reduction for Number of Incarcerations; N = 7:1, 85.57%, Target Met



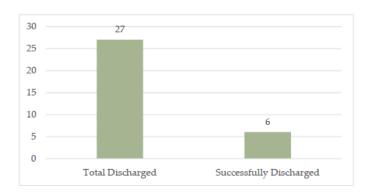
- 2. (Effectiveness) 50% reduction in number of psychiatric hospitalizations occurrences for persons enrolled in the PATH (SMHS) Program
  - a. There was a 83.33% reduction (6:1) in the number of psychiatric hospitalization occurrences for persons served.
  - b. Percentage reduction for Number of Psychiatric Hospitalization; N = 6:1, 83.33%, Target Met



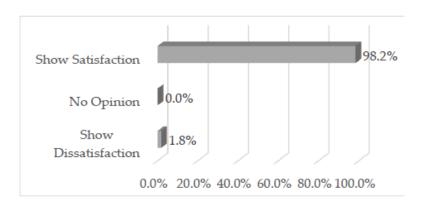
- 3. (Effectiveness) 60% reduction in number of homelessness occurrences for individuals enrolled in the PATH (SMHS) Program
  - a. There was a 56.60% reduction (30/53) in the number of incidents of homeless occurrences for persons served.
  - b. Percentage Reduction for Homelessness Occurrences, N = 30/53, 56.60%, Target Not Met



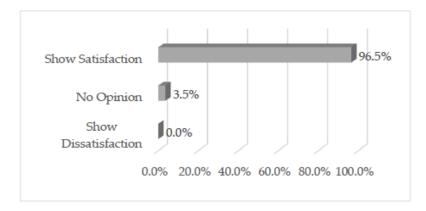
- 4. (Efficiency) 60% reduction of individuals exiting the PATH SMHS Program will successfully meet their individual care plan goals.
  - a. 25% (6/24) of persons served had a successful exit from the PATH SMHS Program.
  - b. Percentage of Individuals from the PATH (SMHS) Program who successfully discharged and met their individual care plan goals; N = 6/24, 25%, Target Not Met



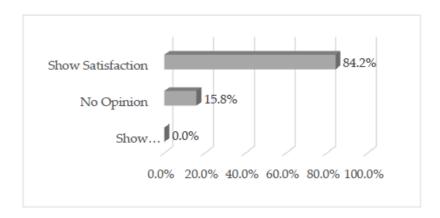
- 5. (Satisfaction) 80% of individuals will report a positive score (Agree + Strongly Agree) with Satisfaction with Agency Services
  - a. 98.2% of respondents indicated that they agreed or strongly agreed with the above statement.
  - b. Percentage of individuals who reported a positive score for Satisfaction with Agency Services; N = 19, 98.2%, Target Met



- 6. (Satisfaction) 80% of individuals will report a positive score (Agree + Strongly Agree) with Satisfaction with Accessibility of Services
  - a. 96.5% of respondents indicated that they agreed or strongly agreed with the above statement.
  - b. Percentage of individuals who reported a positive score for Satisfaction with Accessibility of Services; N = 19, 96.5%, Target Met



- 7. (Satisfaction) 70% of individuals will report a positive score (Agree + Strongly Agree) with Satisfaction with Life Functioning as an Indicator or Effectiveness
  - a. 84.20% of respondents indicated that they agreed or strongly agreed with the above statement.
  - b. Percentage of individuals who reported a positive score for Satisfaction with Life Functioning as an Indicator for Effectiveness, N = 19, 84.20%, Target Met



- 8. (Access) 75% of individuals referred to the SMHS Program will be offered an assessment appointment within 24 hours of the referrals
  - a. 82.60% of persons referred to the program (19/23) were offered an assessment appointment within 24 hours of the referral.



# **DEPARTMENT RECOMMENDATION(S):**

The PATH SMHS Team will need to continue to collaborate with the County, Fresno Madera Continuum of Care, and other community partners to connect persons served to available resources. Case Managers will need to link persons served to shelters, hotels/motels, phones, or other means of maintaining contact with persons served to reduce the number of individuals who are discharged due to no engagement. With COVID restrictions reducing, the SMHS Team can resume group rehabilitation and other services that historically improved engagement in the program.