

# MENTAL HEALTH FIRST AID

## WHEN

**October 30, 2024**  
**8am - 5pm**

## WHERE

**HaWC Building**, Conf Rm. A  
1925 E. Dakota Avenue  
Fresno, CA 93726



DBH is offering a Mental Health First Aid course on **October 30, 2024**. An invitation has been extended to **fifteen (15)** interested individuals that would like to attend this upcoming training. Please RSVP below, seating is limited. \*\*

**\*\*Anyone that does not register via the Eventbrite RSVP Link will not be admitted into to the training.**

**REGISTER HERE!**

**DBH INVITES  
15 ATTENDEES**

**RSVP DEADLINE:  
October 28, 2024**

## WHAT IS MHFA?

Mental Health First Aid is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis.

## WHO SHOULD TAKE THE COURSE?

Mental Health First Aid is intended for all people and organizations that make up the fabric of a community.

## MHFA VISION:

Our vision is for Mental Health First Aid to become as common as CPR and First Aid training. That means having regular courses offered in every community across the US.