MENTAL HEALTH FIRST AID: ADULTS WORKING WITH YOUTH



WHEN September 21, 2024 8:30am - 4:30pm.

WHERE

Saints Community COGIC (Social Hall) 3740 E. Ashlan Avenue Fresno, CA 93726

Saints Community Wellness Ministry is offering a Mental Health First Aid course for Adults working with Youth on September 21, 2024. An invitation has been extended free to thirty (30) Interested individuals that would like to attend this upcoming training. Receive 3 year certification. Please RSVP below, seating is limited.

REGISTER HERE! <u>https://www.eventbrite.com/e/mental-health-first-</u> <u>aidadults-working-with-youth-tickets-987142368397</u>

SCC - WELLNESS INVITES 30 ATTENDEES

RSVP DEADLINE: September 14, 2024

WHAT IS MHFA? MENTAL HEALTH FIRST AID: ADULTS WORKING WITH YOUTH IS AN 8-HOUR COURSE THAT GIVES PEOPLE THE SKILLS TO HELP SOMEONE WHO IS DEVELOPING A MENTAL HEALTH PROBLEM OR EXPERIENCING A MENTAL HEALTH CRISIS.

WHO SHOULD TAKE THE COURSE?

Mental Health First Aid is intended for all people and organizations that make up the fabric of a community.

MHFA VISION:

Our vision is for Mental Health First Aid to become as common as CPR and First Aid training. That means having regular courses offered in every community across the US.