COUNTY TO THE STORY

County of Fresno

ADVISORY BOARDS AND COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, **August 21, 2024** at 3:30pm 1925 E. Dakota Fresno, CA 93726

Minutes

MEMBERS PRESENT	DEPARTMENT OF BEHAVIORAL HEALTH	MEMBERS OF THE PUBLIC	
Brooke Frost	Emma Rasmussen, Deputy Director	Sherri Gibson	
MaryLou Brauti-Minkler	Tina Young	Mary Perich	
Manuel Piceno	Jeannette Dominguez	Melody Moua	
Carolyn Evans		Susan High	
Debbie Xiong		Felix Rodriguez	
Elizabeth Kus		Katee Wheaton	
David Thorne		Anthony Moreno	
Angel Lopez		Fidel Garibay	
Kyle Pennington		Christina Long	
		Antonio Guerrero	
MEMBERS ABSENT		David Tan	
		Alexandria Suarez	
		Marilyn Sliney	
BOARD OF SUPERVISORS		MaiLia Yang	
Sal Quintero, Supervisor		Adriana Zaragoza	

I. Welcome

Chair Brooke Frost called the meeting to order at 3:32 p.m., she welcomed all attendees and briefly introduced the newly appointed Veteran representative Behavioral Health Board member, Kyle Pennington.

- II. Approval of Minutes from July 17th, 2024 Behavioral Health Board (BHB) meeting
 The approval of the July 17th meeting minutes was tabled for the September 18th BHB meeting.
- III. **Department of Behavioral Health (DBH) Update;** *Deputy Director, Emma Rasmussen*Deputy Director Rasmussen began by introducing herself and the areas of the Department that she oversees. She further explained that she is filling in today for Director Susan Holt to help with the Department Update presentation as she oversees the Mobile Crisis Unit which is the program that the BHB requested an update on.
 - **A. General Updates**: DBH Events, Board of Supervisors (BOS) items and legislation

Deputy Director Emma continued the presentation in the usual manner and moved on to the land acknowledgment and the dates to acknowledge for the month of August. Within the handful of dates

acknowledged, two dates noted in connection to behavioral health were August 30th being National Grief Awareness Day and August 31st as International Overdose Awareness Day.

Moving on to announcements for the month of September she recognized September as Suicide Prevention month, and mentioned two upcoming events that will occur on the same day of September 28th, 2024.

Out of Darkness Community Walks

- Registration starts at 9:00 a.m.
- Program starts at 10:00 a.m.
- Location is Woodward Park, 7775 N. Friant Rd.
- https://afsp.org/chapter/central-valley-california

SoberStock 19

- Event is open to the public 8:00 a.m. 3:00 p.m.
- Location is at the Eaton Plaza, 2430 Fresno Street
- https://www.facebook.com/CommunityPartners4Recovery/

Board of Supervisors Items

Please see the attached for Board of Supervisors Agenda Items of note

<u>Legislative Updates</u> – Item of interest

- Legislative process
 - August 23 The last day to amend bills on the Floor.
 - August 31 Last day for the legislature to pass bills.
 - September 30 Last day for the governor to sign or veto bills.
- SB1238 (Eggman)
 - o Intended to address the needs for facilities due to SB 43
 - Would expand the definition of grave disability for Psychiatric Health Facilities and Mental Health Rehabilitation Centers to include care for persons with standalone severe SUD with specified requirement s and unhoused individuals.
 - There are concerns of being a lack of existing stand-alone SUD treatment model, no additional funding to implement the changes and convert programs, and does not increase funding or actual bed capacity.

Chair Brooke Frost asked a question regarding SB1238, that if by expanding the definition of Psychiatric Health Facility is that to allow persons experiencing severe SUD, or is it making it an expectation for the facility, ensuring that there is space for the population with severe stand-alone substance use disorder?

The Deputy Director responded by acknowledging that this is a good question and further explained that while expanding the definition it is intended to make it easier for facilities and although these expectations will be added, within the wording, there is no mandate/requirement.

Fresno county data shows 7 deaths by suicide for the month of July. That being of one of the lower numbers for this month in comparison to previous years.

B. Mobile Crisis Unit Update

The Mobile Crisis services prior to the update mandated in January, was to respond to a possible mental health crisis with a Clinician and a member of Law Enforcement, which was known as the Crisis Intervention Team (CIT). After receiving the mandate, the Mobile Crisis Response Team (MCRT) was added as an alternate approach to mental health/behavioral health crisis. This change included a non-law enforcement response, from a Mental Health Licensed Clinician and a Case Manager rather that would be available 24/7. 365 days a year. This approach of non-law enforcement would aim to find the best safe option for individuals preventing involvement with law enforcement and hospitalization whenever possible. A required follow – up occurs as soon as possible after the situation is stabilized, to link the individual with the appropriate services.

When this new mandate was imposed Fresno County had a staffing shortage for evening hours, which gave our very own Deputy Director the opportunity to get involved and step in the experience to view firsthand what possible barriers there may be and recognize what is working well.

Any Fresno County resident is eligible to receive services and if the individual is not a Fresno County resident the call will be referred to the County of residence because all Counties are required to have these services available.

Access MCRT by calling (559) 600 – 6000 to speak to a trained professional. Immediate danger situations call 911.

We work together if necessary for individuals who call the suicide hotline 988.

A question asked from Supervisor Sal Quintero was, what time of the day have the most calls needing these services been received?

The answer was in the afternoon. It was further explained that this is a prime situation where recorded data plays a big role to know how to plan assigned staff accordingly. *Please see the attached for recorded data thus far.*

IV. Public Comment

The following are a few questions asked regarding the MCRT.

- Question: BHB member asked about the concern for responders in a situation where law enforcement could be needed?
- Answer: While going through the training provided, it involved identifying areas of possible safety issues, screening questions to ask through the phone call and creating protocols for the appropriate response.
- Question: How many Clinicians to respond do we currently have?

- Answer: Deputy Director does not have that information on hand and will circle back with the answer through Jeannette
- Question: Is data being tracked for callers who are Veterans?
- Answer: Yes, that information is included, just not presented in these slides
- Question: How are we reaching different cultures and populations about MCRT
- Answer: Visited the schools to communicate, advertise through billboards, radio, TV channels 21 and 24
 - Suggestion from BHB members were to connect with community schools, NAMI and various community functions.
- What is the response time?
- Answer: The required response time for calls from in town is one hour and two hours from rural areas. The clock starts the minute the call is received.
- A request for NAMI to receive flyers about the MCRT.
- There was a comment congratulating the Department on a job well done thus far with the MCRT.

V. Old Business

None

VI. New Business

- Announcement of Manuel Piceno appointed as Chair of the SUD Committee, relieving Carolyn Evans and Debbie Xiong.
- Update on the coordination of Site Visit to the Fresno Center, Living Well Program, and the Holistic Center
- August Site Visit Will take place on August 28th at TURN Behavioral Health Impact program

VII. Subcommittee Updates

- Adult Services Committee For the August meeting the Committee heard about Assisted Outpatient Treatment. The next meeting is October 7th.
- $\bullet\,$ Childrens Services Committee On August 22^{nd} the Committee will hear from the Perinatal program.
- Forensics Services Committee The Committee will hear a CalAIM update with the Justice involved population on September 6^{th.}
- Substance Use Disorder Committee On September 12th the Committee will hear about Medicated Assisted Treatment provided by BART.

VIII. Public Comment

IX. Adjournment

4:35 PM

This meeting is open to the public under the Ralph M. Brown Act.

CIT Volume - Rural

		Lier	Fiscal Voar 73.34	13.34		200	Fier	Fieral Vear 23.24	73.34	Section 1
		C	CIT Rural - EAST	AST			5	CIT Rural - WEST	WEST	
Community Events	Qtr 1	Qtr 2	Otr 3	Qtr 4	Full Year	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Full Year
Total Number of Events	0	0	0	0	0	0	0	0	0	0
Service Contacts (Duplicated)	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Full Year	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Full Year
Total Service Contacts	253	263	162	186	864	113	78	34	33	258
Persons Served (Unique)	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Full Year	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Full Year
Total Unique Persons Served	202	243	135	180	760	101	73	33	32	239
Age Group (Unduplicated)	Qtr.1	Qtr 2	Qtr 3	Qtr 4	Full Year	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Full Year
Children (0-15)	49	61	45	41	196	21	17	12	5	55
Transition Age Youth (16-25)	46	39	24	41	150	76	12	7	10	55
Adult (26-59)	85	66	99	78	312	41	59	10	15	95
Older Adult (60+)	22	20	10	19	71	12	7	4	1	24
Unknown/Not Reported	0	30	0	1	31	1	8	0	1	10
Total	202	243	135	180	760	101	73	33	32	239

CIT Volume - Metro

Program Name:

Kings View CIT Metro

Fiscal Year 2023 - 2024

Community Events	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Full Year
Total Number of Events	0	0	0	1	1
Persons Served (Unduplicated)	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Full Year
Total Unique Persons Served	892	1,168	713	821	3,594
Service Contacts (Duplicated)	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Full Year
Total Service Contacts	1,739	1,596	1,293	874	5,502
Age Group (Unduplicated)	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Full Year
Children (0-15)	156	320	162	154	792
Transition Age Youth (16-25)	181	301	113	152	747
Adult (26-59)	460	441	349	405	1655
Older Adult (60+)	92	101	88	66	380
Unknown/Not Reported	3	5	1	11	20
Total	892	1168	713	821	3,594



Kings View

Quality Improvement (QI) Workplan Summary Mobile Crisis Response Team (MCRT)

Fiscal Year (FY) 2023-2024

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afors & Demographics	List of Calls from School Sites, $N = 25$	Buchanan High School	Alta Sierra Middle School	Clovis East	Easterby	Chester Nelson Elementary	CLOVIS	Clovis Elementary School	Dunlap Elementary	Fort Washington Elementary	Freedom Elementary	Jackson Elementary	Kastner Intermediate	Orange Cove High School	Phoenix Elementary Academy	Pinedale Elementary	Regan Elementary	Reyburn Intermediate	Riverview Elementary	Teague	Unknown	
Key Performance Indicators & Demographics			2							3-2024	a			101						6		Unique
	Number of Calls Received (Dispatch), N = 992	1200	000	000	000	009	400	200	0	FY 2023-2024	Number of Calls Required a Response,	Duplicated N = 111, Unduplicated N = 110	07.7	102		80	09	/ 04		20	0	Duplicated

MCRT

Response No Response

Duplicated

QI Workplan Summary

Fresno County Contract



